

**Are you raising your grandchildren or other relative children?  
Are you struggling financially with new or unexpected expenses?  
Are you feeling stressed, depressed or just overwhelmed?**

**The Montana GRG Project is here to help you find the support and resources you need to “parent the second time around.”**

**(406) 994-3395**

**[grg@montana.edu](mailto:grg@montana.edu)**

**[www.montanagrandparents.org](http://www.montanagrandparents.org)**

## **Montana Grandparents Raising Grandchildren Project**



**The Montana GRG Project is designed to provide support and information to Montana grandparents and other kin who are primary caregivers for their relative children.**

**Contact us today!**

**(406) 994-3395  
[grg@montana.edu](mailto:grg@montana.edu)**

**316 Herrick Hall  
PO Box 173540  
Bozeman, MT 59717**

**The GRG Project has local contacts and support groups throughout the state and on the Indian Reservations.  
We can help you find someone in your area.**

**We can offer you information on:**

- Handling stress, depression, grief, anger and uncertainty.
- Improved couple and family communication.
- Parenting issues like discipline, working with schools, navigating social media and many others.

**We can also help you find information on:**

- Food, nutrition and financial assistance.
- Medical and insurance assistance.
- Education and childcare assistance.
- Low-cost or no-cost legal assistance.



*The Montana State University Extension is an ADA/EO/AA/Veteran's Preference Employer and Provider of Educational Outreach.*