

Disability Resources

Parents, Let's Unite

for Kids (PLUK) provides information including early intervention, school, and all systems that serve children with special needs. In addition, PLUK will help you: know your rights; advocate for children; secure appropriate services; keep children in school; navigate education, health, mental health systems; prepare for life after high school; connect with other parents; start parent groups; be a catalyst to improve services for children and families; and access resources and information.

You can get information online at pluk.org or by calling **(800) 222-7585**

Remember...

Benefits such as SSI, child support, SNAP, WIC, and TANF-Child Only should follow the child to a new home. If your grandchildren come live with you, make sure to arrange for these resources to be paid to you.

Supplemental Security Income (SSI)

is a Federal income program designed to help aged, blind and disabled people who have little to no income and provide cash to meet basic needs for food, clothing, and shelter. Adults and children with disabilities, as well as adults over age 65, can apply for these funds.

You can get information online at ssa.gov/disabilityssi, by calling **(800) 772-1213** or visiting your local **Social Security Office**

Disability Rights Montana

protects and advocates for the human, legal, and civil rights of Montanans with disabilities and to advance dignity, equality, and self-determination. DRM has the legal authority to serve most any person with a disability when the issue they need assistance with is directly related to their disability. They represent children and adults with a wide range of disabilities, including, but not limited to those with cognitive, mental, sensory and physical disabilities.

You can get information online at disabilityrightsmt.org or by calling **(800) 245-4743**

Respite Resources

Montana Lifespan Respite Voucher Program is an opportunity for family and individual caregivers with limited resources to obtain assistance and get a break from their caregiving responsibilities. Funding is available based on a sliding scale according to income and can be used to go through an agency that employs respite providers, hire a private provider, or use a combination of both. There is an online searchable database where you can find agencies and providers in your area.

You can get information online at dphhs.mt.gov/respite or by calling **(800) 224-6034**



Montana Grandparents Raising Grandchildren Project

Montana State University Extension
Family and Human Development Program
316 Herrick Hall, Bozeman, MT 59717

(406) 994-3395 / grg@montana.edu / montanagrandparents.org

The Montana State University Extension is an ADA/EO/AA/Veteran's Preference Employer and Provider of Educational Outreach.

