

Child Care Resources

Montana Child Care Resource & Referral Network

is a state-wide network of programs that help families find and evaluate child care, learn about child care regulations, and develop an understanding of child care services. The **Best Beginnings Childcare Scholarship** is available through this network and can help low-income families pay for childcare.

You can get information online at mtchildcare.org

Montana Head Start is a child development program that serves low-income families with the goal of increasing school readiness of children. Head Start provides a range of individualized services in the areas of education and early childhood development; medical, dental, and mental health; nutrition; and parent involvement, which are responsive and appropriate to the development, cultural and linguistic heritage and abilities of each enrolled child and family.

You can get information online at mtheadstart.org or by calling **(406) 443-0620**

Food & Nutrition Resources

Supplemental Nutrition Assistance Program (SNAP)

provides food and nutrition assistance to low-income people. SNAP recipients use EBT cards, which are similar to debit cards, to purchase food in authorized retail stores.

You can get information online at dphhs.mt.gov/hcsd/snap, by calling **(888) 706-1535** or by visiting your local **Office of Public Assistance**

Women, Infants and Children (WIC) provides supplemental food, health care referrals, and nutrition education for low-income pregnant, breastfeeding, and non-breastfeeding postpartum women, and to infants and children up to age five who are found to be at nutritional risk.

You can get information online at dphhs.mt.gov/publichealth/wic, by calling **(800) 433-4298** or by visiting your local **Office of Public Assistance**

Montana Food Bank Network will connect you to your local food bank. Other programs such as the Summer Food Service Program and Backpack Program provide nutritious meals to children through the age 18 during summer months and on weekends.

You can get information online at mfbn.org or by calling **(406) 721-3825**



Montana Grandparents Raising Grandchildren Project

Montana State University Extension
Family and Human Development Program
316 Herrick Hall, Bozeman, MT 59717

(406) 994-3395 / grg@montana.edu / montanagrandparents.org

The Montana State University Extension is an ADA/EO/AA/Veteran's Preference Employer and Provider of Educational Outreach.

